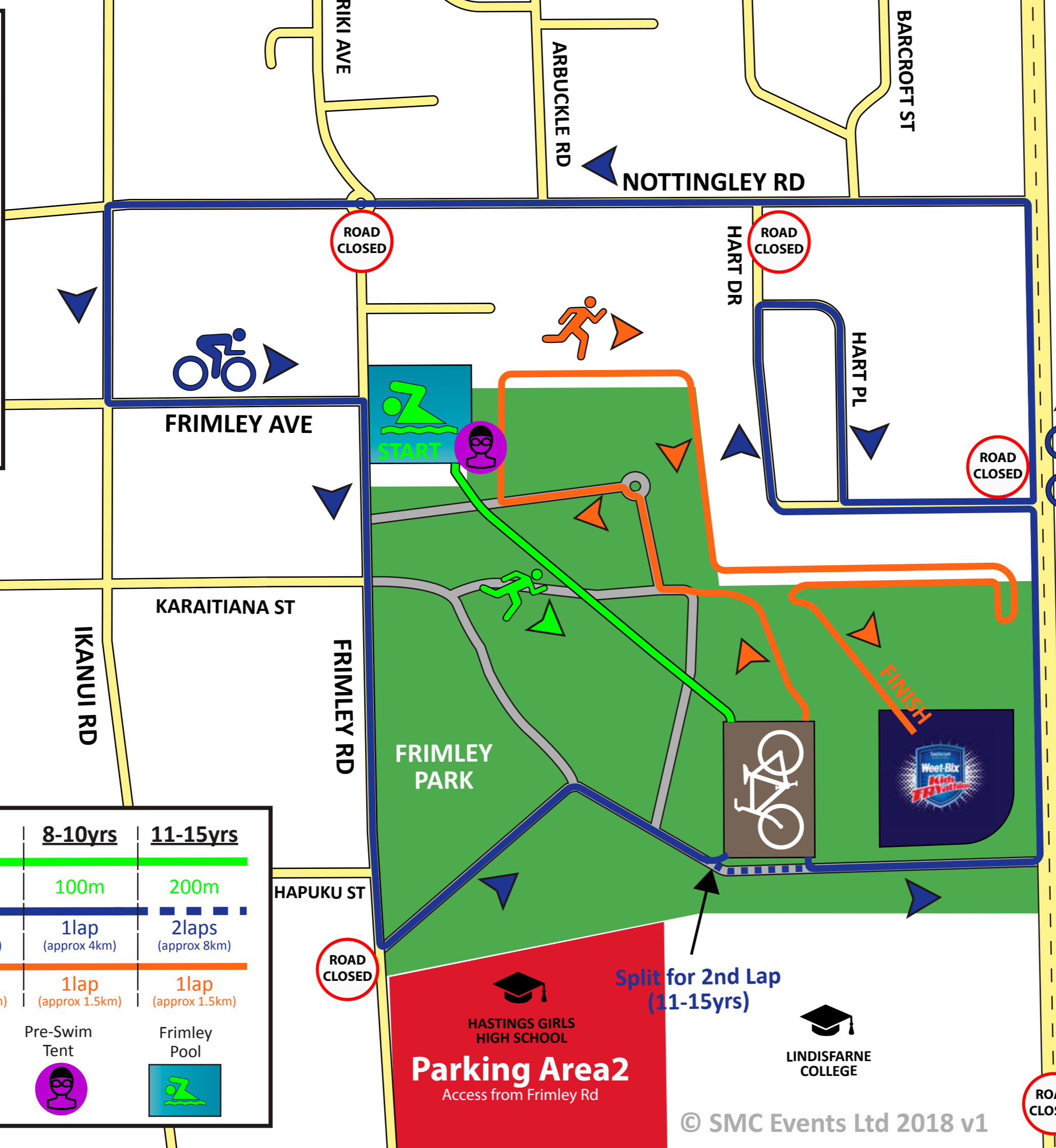














Hastings
Course Map

Frimley Park
Frimley

Wednesday
14 February 2018



Parking Area 1
Access from Nottingley Rd
end of Lyndhurst Rd
(No exit before 1:30pm)

	<u>7yrs</u>	<u>8-10yrs</u>	<u>11-15yrs</u>
Swim 			
Cycle 	50m 1lap (approx 4km)	100m 1lap (approx 4km)	200m 2laps (approx 8km)
Run 	1lap (approx 1.5km)	1lap (approx 1.5km)	1lap (approx 1.5km)
Kids TRYathlon Village 	Transition 	Pre-Swim Tent 	Frimley Pool 

Parking Area 2
Access from Frimley Rd

HASTINGS GIRLS HIGH SCHOOL

LINDISFARNE COLLEGE

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ROAD CLOSED