



	7yrs	8-10yrs	11-15yrs
Swim	50m	100m	150m
Cycle	1lap (approx 4km)	1lap (approx 4km)	2laps (approx 8km)
Run	1lap (approx 1.5km)	1lap (approx 1.5km)	1lap (approx 1.5km)
Kids TRYathlon Village	Transition	Pre-Swim Tent	Manurewa Pool & Leisure Centre

South Auckland Course Map

Mountfort Park Manurewa

Wednesday 5 December 2018