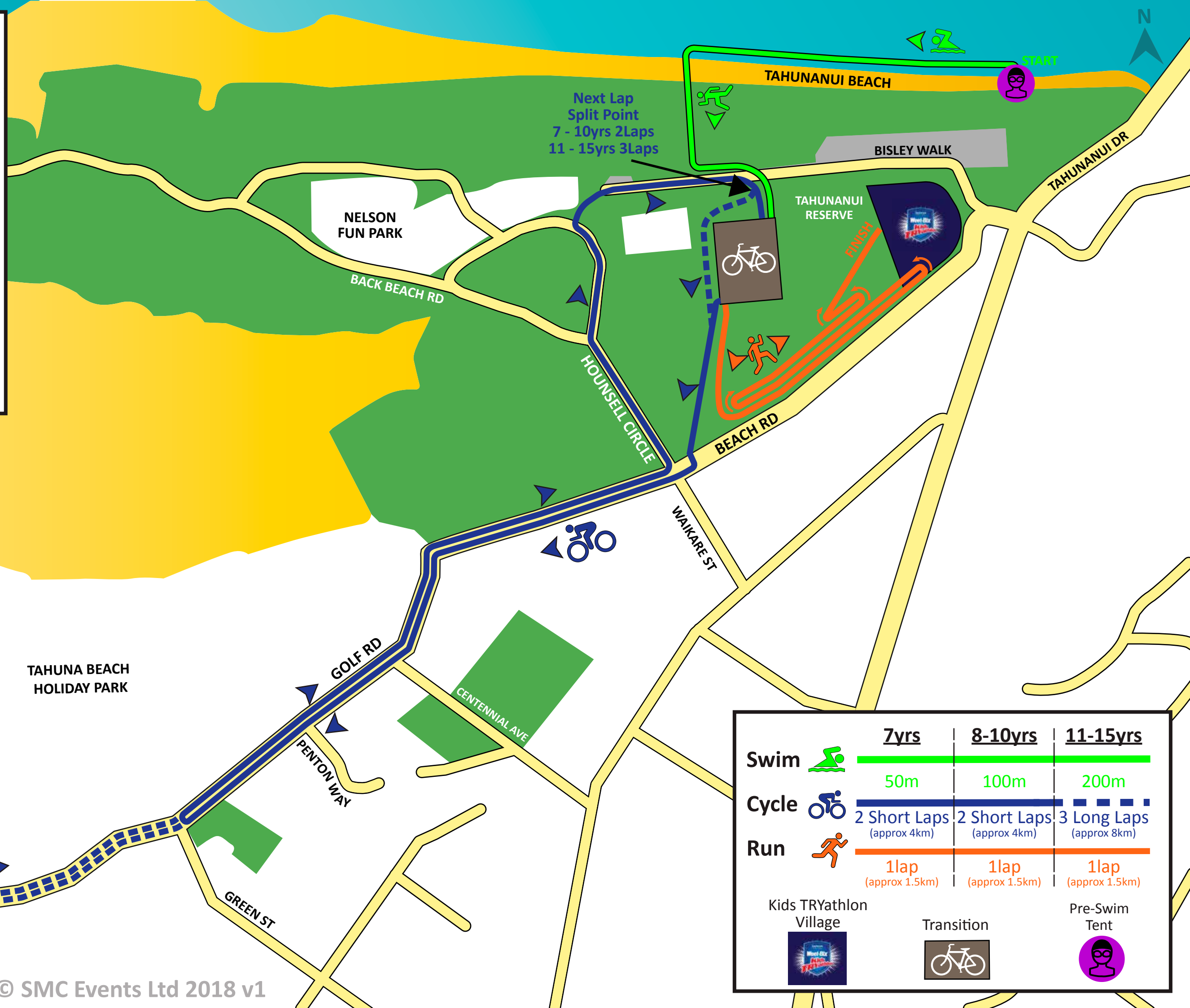




Nelson
Course Map

Tahunanui Reserve & Tahunanui Beach

Sunday
3 March 2019



	7yrs	8-10yrs	11-15yrs
Swim	50m	100m	200m
Cycle	2 Short Laps (approx 4km)	2 Short Laps (approx 4km)	3 Long Laps (approx 8km)
Run	1lap (approx 1.5km)	1lap (approx 1.5km)	1lap (approx 1.5km)
Kids TRYathlon Village		Transition	Pre-Swim Tent