



Hibiscus Coast Course Map
 Manly Park Whangaparaoa
 Sunday
 22 March 2020

BEST VIEWING FOR PUBLIC

B = Bike
S = Swim

	SPLASH & DASH	7yrs	8-10yrs	11-15yrs
Swim	50m	50m	100m	200m
Cycle	NO CYCLE	1lap (approx 4km)	1lap (approx 4km)	2laps (approx 8km)
Run	1lap (approx 1.5km)	1lap (approx 1.5km)	1lap (approx 1.5km)	1lap (approx 1.5km)
	Kids TRYathlon Village	Transition	Pre-Swim Tent	

PARKING AT EDITH HOPPER PARK